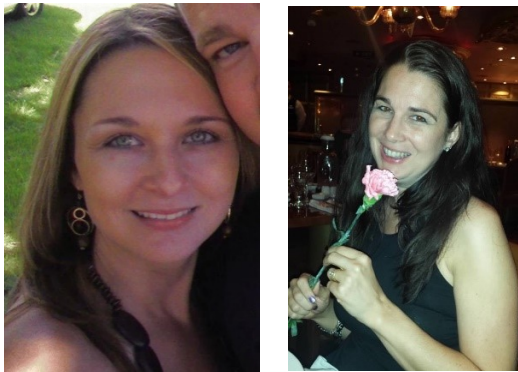


## Runners With a Reason

Runners with a Reason are a group of high school runners, coaches, and volunteers that come together to help others (our reason to run). Every year, this group of coaches and volunteers put together a Cross Country Running Camp for up to 40 runners from Delone Catholic, Fairfield and other local high schools. This camp is 100% volunteer run and operates solely on donations and fundraisers.

This year's reason for running the Dipsy Doodle Dash is to support two local families. The first, is the Finneyfrock family in honor of Mrs. Lacey Kathleen Finneyfrock, who died unexpectedly on July 20, 2018. Lacey was a beloved member of the community and will be missed greatly.



Our second family is the Kline family in support of Schelly Kline, a mother of three one of whom is a cross country runner. Schelly suffered from a Traumatic Brain Injury in April 2017, causing issues with balance, memory, vision and debilitating migraines, preventing her from working or driving. The loss of her income in addition to the health problems has made the last 1.5 years difficult. Also benefiting are the XC programs at both schools.



**LIBERTY MOUNTAIN  
RESORT**

*I run to hope.  
I run to feel.  
I run for the truth  
and all that is real.  
I run for you and me,  
my friend.  
I run for life.*

## Run With a Reason



## 3<sup>rd</sup> Annual Dipsy Doodle Dash & Liberty Mountain Challenge

**12:30 - 1:30 pm registration  
2:00 pm start time  
October 14<sup>th</sup> 2018**

Anyone can run a 5K.

Are you brave enough to  
tackle a ski slope?

Dipsy Doodle Dash -  
1 mile run up to the top

Liberty Mountain Challenge -  
1 mile walk to the top.

**Liberty Mountain Resort  
FALL FEST 2018**

Liberty Mountain Resort proudly sponsors this  
race as a feature of Fall Fest

# Race Information

## Sunday, October 14<sup>th</sup> 2018

Start in the slope base area, Liberty Mountain Resort  
(78 Country Club Trail, Carroll Valley, PA 17320).

12:30-1:30pm - Packet pickup & day of registration  
2:00pm - Start of Race – Base Area  
2:45pm – Awards – Top of the mountain

Finish line and runner refreshments will be at the top of the mountain. Chairlift rides to the top will be available for spectators. Chairlift ride is approximately 25 minutes long.

### Categories (Male/Female)

15-Under

16-29

30-44

45-59

60+

**1<sup>st</sup> place finishers in each category will win an All Mountain Package\* to Liberty Mountain Resort.**

\*Includes one lift ticket valid at all open lifts, rental equipment, helmet, and a class lesson at your ability for 2018-19 winter season

### Individual Awards

**First male and female to make it to the top will receive a cash prize.**

All participants will receive two activities tickets to be used towards the purchase of food or an activity at Liberty Mountain Resort's Fall Fest. (\$2 value)

### Liberty Mountain Resort's Fall Fest is full of family fun for everyone!

Festivities include chairlift rides, live bluegrass music, scarecrow building, pumpkin painting, hayrides and great local craft beer! Food and drink from the Alpine BBQ will also be available for purchase!

This race is held during Fall Fest.



## Registration Form

Make checks payable to:  
**Liberty Mountain Resort**

Mail registration & payment to:  
Liberty Mountain Resort, Attn: Dipsy Doodle Dash,  
78 Country Club Trail, Carroll Valley, PA 17320

Or register online *with credit card* at:

<http://bit.ly/DipsyDoodleDashSignUp>

First Name: \_\_\_\_\_ Gender: M / F

Last Name: \_\_\_\_\_ Age: \_\_\_\_\_

Email: \_\_\_\_\_

Shirt size:           Adult: S M L XL

Child: S M

Race shirts, bags, and door prizes are only guaranteed to those registered by October 1<sup>st</sup>, 2018

\_\_\_\_\_ 1 Mile Dipsy Doodle Dash (run)  
with the t-shirt and race bag       .....\$30

\_\_\_\_\_ 1 Mile Liberty Challenge (walk)  
with the t-shirt and race bag       .....\$30

\_\_\_\_\_ 1 Mile Liberty Challenge (walk)  
no t-shirt and no race bag       .....\$10

All race participants **must** fill out and sign our race release, please visit link below for release:

<http://bit.ly/DipsyDoodleDashRelease18>

Weather Policy: The race will be held rain or shine. In the event of inclement weather, we will run a one-hour delay schedule for registration and the race. In the event of extreme weather conditions, the race will be cancelled, and all entry fees will be viewed as charitable contributions to benefit Runners With A Reason. If the event is delayed or cancelled, it will be posted the Dipsy Doodle Dash Facebook event page, and Liberty website by 9am on race day.